

# Choosing the treatment for you

## What are your treatment options and what is involved in each treatment?

**Needle Fasciotomy:** A needle is used to cut the cord which is then ruptured through manipulation

**Limited Fasciectomy:** The skin is opened, the cord is surgically removed and the skin is sutured together

**Skin graft:** The skin is opened, the cord and skin overlying the cord is surgically removed. Skin is then removed from a donor site (usually top of arm) to replace the skin which overlaid the cord



## Needles

VS

## Surgery

Quicker recovery

Lower chance of permanent regrettable complications

Quicker onset of recurrence

Poorer initial contracture correction with advanced cases but can still improve quality of life

Less expensive

Longer recovery

Higher chance of permanent regrettable complications

Slower onset of recurrence

Better initial contracture correction with with advanced cases

More expensive

**Not every cord is suitable for Needles: Your surgeon will inform you of your choices available**

**For cords which are not suitable for needles, surgery is your only treatment option**

**There is always the option of choosing no treatment if your contracture is unproblematic or the risks outweigh the rewards**